Traditional and typical food in Great Britain

You will have to find out different pieces of information, fill in the grid and be able to speak about traditional and typical food in Great Britain.

- Click on the link below to find out about the different meal times in Great Britain:  
  http://www.woodlands-junior.kent.sch.uk/customs/questions/food/meals.htm

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch (or dinner)</th>
<th>Tea (or dinner)</th>
</tr>
</thead>
</table>

British people have ................. at ........ / from .... to......

- What’s a traditional English breakfast?

  What do people usually eat for breakfast nowadays?

A traditional breakfast consists of ................., but British people usually have ................. for breakfast.

- What do pupils usually eat at school for lunch?

- What’s a traditional English dinner?

  ...........................................................................................................................................
  ...........................................................................................................................................  

- What’s a typical English dinner nowadays?

  ...........................................................................................................................................  
  ...........................................................................................................................................

Why do you think there is a difference between traditional meals and typical meals?

\[ \text{I think, ……} \]
\[ \text{Perhaps, ……} \]
\[ \text{People must/may/might} \]
Click on the following link to find out other reasons which could explain such an evolution:
[http://www.woodlands-junior.kent.sch.uk/customs/questions/food/meals.htm](http://www.woodlands-junior.kent.sch.uk/customs/questions/food/meals.htm)

- People spend a lot of time eating.
- People don’t spend a lot of time eating.
- People don’t eat sensibly and healthily.
- People eat home made food.
- People eat at the restaurant.
- Children work too much and can’t have lunch.
- People don’t have enough time to cook.
- People can’t cook any more.

Is it the same in France? Try to find some examples.

**Origins and influences**

- Why do people eat a lot of fish in Britain?
  [http://www.woodlands-junior.kent.sch.uk/customs/questions/food/foodhistory.htm](http://www.woodlands-junior.kent.sch.uk/customs/questions/food/foodhistory.htm)

What do farmers grow and breed on their farms?

<table>
<thead>
<tr>
<th>Animals → Meat</th>
<th>Vegetables</th>
</tr>
</thead>
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<td></td>
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</table>

Find out at least two typical dishes made with these ingredients.

➢
➢

- What’s a “ploughman’s lunch”?

- Who introduced cheese to England?
  [http://www.woodlands-junior.kent.sch.uk/customs/questions/food/cheese.htm](http://www.woodlands-junior.kent.sch.uk/customs/questions/food/cheese.htm)

In **which century** did they invade Great Britain?
([http://www.bbc.co.uk/schools/primaryhistory/romans/invasion/](http://www.bbc.co.uk/schools/primaryhistory/romans/invasion/))

What are cheese varieties named after?

- When did “Afternoon Tea” become popular?
  [http://www.woodlands-junior.kent.sch.uk/customs/questions/food/tea.htm](http://www.woodlands-junior.kent.sch.uk/customs/questions/food/tea.htm)
Where do tea and curry come from?

Why do British people have such products? (Read paragraphs 5, 6, 7, 8) (http://www.bbc.co.uk/history/british/empire_seapower/trade_empire_01.shtml)

What can you conclude about the origins of what people eat?
It comes from .................
The way people eat is influenced by .......

What’s similar in France?

Now, get ready to speak about British typical and traditional meals. Get ready to ask your friends some questions about British food.

Where do the following specialities come from?
Haggis / Cheddar / Caerphilly / HP sauce/ Cornish pies
If you don’t remember go back to the following site:
http://www.woodlands-junior.kent.sch.uk/customs/questions/food/foodhistory.htm